

NEWSLETTER

KNIGHTS OF COLUMBUS

ST. GERARD'S COUNCIL 13001

Vol. 2, Number 11

June, 2008

Action Items:

1. **Read the Attachments** – There are four this month: Agenda for the June 17th meeting, the Minutes of the May 20th meeting, Know Your Knight, and the calendar for next year.

2. **Help/Presence Needed** - This year St. Gerard's and our Council host the induction of officers for all the councils in the district. The induction will take place on Wednesday, June 25th, at 6:30 p.m. following a Mass celebrated by our own Father Terrance. A reception (which we host!) will follow. We're going to need help for set up and clean-up. This will be a discussion item at our June 17th meeting and you will probably hear more about this online. We also ask for your presence at the Mass and induction. This is our event to host and we should have a strong representation from our Council. Wear your vests!!!

Information Items:

1. **Upcoming Meetings -** June 17 General Meeting 7:15 p.m.
Rosary at 6:45 p.m.

Every effort is made to be considerate of members' time by adjourning the general meetings by 8:30 p.m.

2. **Dates to Remember -** June 25 Officer Induction 6:30 p.m.
(at St. Gerard's)

3. **Congratulations to...our officers for this coming year!**

Shawn Phillips, Grand Knight
Jim Dudgeon, Deputy Grand Knight
Ed Ampe, Chancellor
Tom Koopmeiners, Treasurer
Dean LaFrenz, Recorder
Bill Montroy, Trustee

Jon Irvin, Advocate
Ken Lambert, Warden
Don Wolf, Outside Guard
Greg Wattenhofer, Inside Guard
Paul Boespflug, Trustee
Ted Rouse, Trustee

Thanks to Jim Krautkremer and the Nominating Committee for the terrific job!

4. From the Grand Knight –

Greetings Council,

At our membership drive I spoke for three minutes at each Mass. I told a little about myself, a thumbnail of the Knights, why I became a Knight and why I am a Knight today. Pretty simple stuff and we got over twenty men to respond. Thanks to all of you that helped out with your presence and handing out the surveys and helping by answering questions. Most especially, thanks to Jim Krautkremer for organizing everything so that it could happen. We should be greatly pleased with the response. I bet if each one of us gave that three minute pitch to one of our friends or neighbors directly, we could get another twenty interested. I have put requests into the district and we are trying to get an exemplification for these men interested in joining by the end of the month, and they are seeing what they can set up. We may have a 1st degree at our meeting on Tuesday, we shall see. More important is that we have some men who are interested in joining us. Come to the meeting on Tuesday where we read off the names of the four that have agreed to join us, the other four that will be transferring into the council and the 13 that are interested. If we know any of these men, each of us can encourage and support them as they join us.

Shawn Phillips, Grand Knight

5. Spring Clean-Up – The May outside clean-up of church grounds had an excellent representation of Knights. Of the twelve people who came, nine were Knights! A good time was had by all!

6. Know Your Knight – Featured this month is Steve Volk who comes from a long family tradition of Knights.

7. Stroke Identification (Contributed by Mike Brekke)

During a BBQ, a friend stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) ...she said she had just tripped over a brick because of her new shoes.

They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Ingrid went about enjoying herself the rest of the evening

Ingrid's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 pm Ingrid passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Ingrid would be with us today. Some don't die.... they end up in a helpless, hopeless condition instead.

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Thank God for the sense to remember the '3' steps, STR.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

Ask the individual to SMILE.

Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e. It is sunny out today)

Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call 911 immediately and describe the symptoms to the dispatcher.

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other, that is also an indication of a stroke.